# Community Health Implementation Strategy 2014 - 2016



## Mercy Hospital, Inc.

218 E. Pack Street, Moundridge, Kansas 67107

#### Introduction

Mercy Hospital is located in Moundridge, Kansas, at the southern edge of McPherson County. The hospital is a non-profit, religious, acute care facility. It is incorporated as a 501 (c) 3 organization. The hospital's service area includes the residents of Moundridge, as well as the rural communities of Goessel, Galva, Inman and Hesston, Kansas. Two homes for the aged are located in Moundridge and are served by the hospital, as well as a newly constructed drug rehabilitation facility. Mercy Hospital has six family practice physicians on its active medical staff, as well as numerous other specialties with admitting privileges. Some of the services offered by Mercy Hospital include obstetrics, general surgery, physical therapy, speech therapy, full-service laboratory and 24-hour emergency room services. The hospital is licensed by the Kansas Department of Health and Environment.

## **Community Needs Assessment**

#### Identifying Health Needs

In 2012 and 2013, the leadership of McPherson Hospital in McPherson, Lindsborg Community Hospital in Lindsborg, Mercy Hospital in Moundridge, and the McPherson County Health Department chose to collaborate in creating a community health needs assessment (CHNA).

The service area assessed was McPherson County, Kansas. The assessment combines existing secondary data with information gleaned from a survey of select residents and workgroup feedback representing a broad cross section of organizations from throughout the target area.

After reviewing this data and compiling and reviewing existing resources, a list of prioritized needs was developed. Results of the survey indicated perceived health issues in the county. The identified weaknesses were reviewed and prioritized by a workgroup comprised of a cross section of survey respondents from throughout the county. This group met to discuss survey results and explore relevant county secondary data from various sources indicated in this report. The workgroup was split into subgroups and asked to rank the top five health issues gleaned from the survey to arrive at a prioritized list, which is discussed in more detail below:

- Health Issues
  - o Obesity
  - o Heart Disease
  - o Cancer and Diabetes
  - o Substance Abuse
  - o Daily Life Stressors

- Specific populations with inadequate access to care
  - o Low income
  - o Elderly
  - o Young adult
  - o Disabled
  - o Children
- Barriers to care
  - o Ability to pay
  - Lack of insurance
  - o Transportation
  - Lack of providers
  - o Schedule limitations
- Perceived weaknesses in general areas
  - o Free fitness options
  - o Child care options
  - o Dietary education services
  - o Access to specialists
  - o Mental health services

The data was reviewed by Hospital Management who selected the following priorities on which it will focus during 2014 - 2016.

Mercy Hospital Priorities	Correlated Community Health Need
Increase Health Knowledge and Education	<ul> <li>Health Issues (Obesity, Heart Disease, Cancer and Diabetes)</li> <li>Dietary education services</li> </ul>
Healthy Behaviors	<ul> <li>Health Issues (Obesity, Heart Disease, Cancer and Diabetes)</li> <li>Dietary education services</li> </ul>
Access to Care	<ul> <li>Specific populations with inadequate access to care</li> <li>Access to specialists</li> <li>Access to basic health screenings</li> </ul>

## Priority 1: Increase Health Knowledge and Education

Goal 1: Increase community awareness of pertinent health issues/topics including preventive services and available community resources.

#### **Strategies:**

- A. Coordinate a health fair for the community to include educational material and various health screenings.
- B. Explore with the Local Council on Aging, the possibilities of noon luncheon topics for the seniors in the community. Topics on particular health issues would be covered by local physician and/or registered dietician or registered nurse from the Hospital.
- C. Investigate the possibility of sponsoring a hospital booth at significant community events to distribute health information. Consider an "Ask the Doc" evening session with community groups such as aged and parents with children. Physicians on the hospital medical staff would be consulted to select topics as disease prevention, vaccines and pointers on "when to call the doctor".
- D. Explore potential collaborative efforts with community schools, churches and businesses regarding distribution of information on pertinent health topics, preventive services and available community resources.

Goal 2: Enhance the collaboration of Mercy Hospital and the County Health Department to better serve patients, families and the community.

#### **Strategies:**

A. Explore potential collaborative efforts with the health department to expand screenings and preventive services. Along with this, hold discussion with the McPherson County Health Department to find out what type of specific services are being asked for by Moundridge Community patients and/or other providers.

## **Priority 2: Healthy Behaviors**

Goal 1: Enhance the collaboration of Mercy Hospital and community partners to encourage healthy and active living.

#### **Strategies:**

A. Explore potential collaborative efforts with community schools, churches and businesses regarding healthy living programs. Community schools' "health nurses" could be consulted to see how Hospital could or should be providing leadership.

Goal 2: Promote increased physical activity in the community.

**Strategies:** 

A. Explore with city and community leaders how the public perceives what is already being provided for the general public.

#### **Needs Not Addressed**

Some issues identified through the community health needs assessment have not been addressed in this plan. In initial discussion and subsequent prioritization, the Hospital considered the levels to which some needs were already being addressed in the service area. Additionally, some community needs fall out of the scope of expertise and resources of the Hospital. The following chart outlines how some of the needs identified in the assessment are addressed by others or in different ways:

Community Need	How Need is Addressed
Transportation	Provided by the Senior Care in Moundridge
Child Care Options	Moundridge City has built a new (and active) day care center.
Mental Health Services	Physicians on the Mercy Hospital Medical Staff refer to Prairie View Mental Health facility in Newton, Kansas for mental health services.

### **Next Steps**

This Implementation Plan will be rolled out over the next three years, from FY2014 through the end of FY2016. The Hospital will work with community partners on the following for each of the approaches to addressing the identified health needs:

- Develop work plans to support effective implementation for each year
- Create mechanisms to monitor and measure outcomes
- Develop a report card to provide on-going status and results of these efforts to improve community health in a meeting with medical and community leaders. Appropriate individuals could be included in this meeting such as school health nurse, senior center director and Moundridge city council or clerk

The Hospital is committed to conducting another health needs assessment within three years.

## **Adoption/Approval**

Mercy Hospital's Board of Directors approves the Implementation Strategy that has been developed to address the priorities of the recent community health needs assessment.

Mercy Hospital will utilize this Implementation Strategy as a roadmap to collaborate with their community to address the priorities, particularly for the most vulnerable.

Allen Isaac	4 29 2014
Chair, Mercy Hospital, Inc. Board of Directors	Date
Doyle Johnson, Admin	4/29/2014
Chief Executive Officer, Mercy Hospital, Inc.	Date

Questions and/or comments regarding Mercy Hospital's Community Health Needs Assessment and Community Health Implementation Strategy should be directed to:

Doyle K. Johnson Administrator